

*Breathe in the essence of creativity; And touch the spirit of humanity;  
Bathe in the healing light of quiet divinity; And discover the depths of your soul's beauty;  
Quiet the mind for momentous revelation; And now, listen to the whisper of inspiration.*



## *Welcome to Inspiration*

*A comfortable and quiet place, where you can  
relax and contemplate your work,  
be inspired in the company of your global counterparts,  
and share your experiences in the many diverse backgrounds*



**Inspiration**  
*your home away from home*

*July, 2017*

Blending traditional hospitality with modern amenities, Inspiration is an idyllic home away from home for all trainees, visitors, volunteers, and project students who come to Aravind from around the world. Located very close to the Aravind Eye Hospital and LAICO, Inspiration offers a comfortable and relaxing experience to the guests. The large open-to-sky courtyard in the centre, the large spacious lounges on each floor are designed to serve as inspirational spaces to generate creative thinking.

#### ELIGIBILITY:

Accommodation is limited to trainees, visitors, volunteers, project students and guests officially associated or registered with Aravind Eye Care System. No family accommodation will be provided.

#### FACILITIES AND SERVICES:

All rooms have intercom facility and attached bathrooms with hot water. The rooms are well air-conditioned and equipped with satellite Television. Non-AC rooms are also available.



#### DINING

Food is catered at a common well-furnished dining area. To use the catering services, please pay and register for your meals along with your room rent as advance. There will be no refunds for meal payments.

Meals are served at fixed timings, Monday through Saturday. On Sundays, only breakfast is served.

Meal timing : Breakfast : 7.00 - 8.30am, Lunch : 12.30 - 2.00pm, Dinner : 7.00 - 8.00pm.

On Sundays the Breakfast will be served from 8.00-9.00 am.

Meal charges : Rs. 180 / day + 12% of GST

Standard Breakfast includes eggs, porridge, toast, one Indian dish, fruit, and coffee/tea.

Lunch and Dinner will mainly consist of Indian dishes consisting of roti (Indian bread), rice, vegetables and fruits or dessert. One non vegetarian dish will be served with the meals for lunch five days a week.



## FRONT DESK

Front Desk is open from 8.00am – 6.00pm to facilitate checking in and out, for enquiries, room booking, and receiving messages for the occupants. Services are not available on Sundays.

### Reservation

The reservation should be done by submitting the completed Reservation form. Please download the [Reservation Form here](#) and submit through your contact person / training co-ordinator at Aravind.

### Check-in

While checking-in, you are requested to submit the official letter from Aravind Eye Care System confirming your registration. Those who are checking-in after 6.00pm and on Sundays, keys will be kept ready with the Security.

### Check-out

24 hours check-out. Check-out will be done based on the completion of all payments. Formalities can be done before 3.30pm for those who are checking out after 6.00pm and on Sundays should complete the check-out formalities on Saturday evening.



Tariff in Rs. (Revised tariff with effect from 1<sup>st</sup> June, 2016)

Daily Tariff in INR / Per Occupant	*Twin Sharing Non AC	Single Non AC	*Twin Sharing AC	Single AC
Daily Tariff	350	500	700	1,000
Weekly (Applicable for stay >=7 days, <30days)	300	425	600	850
Monthly (Applicable for stay >=30days)	245	350	490	700

*(Rates subject to change as per management discretion)*

\* Twin sharing rooms will be allotted based on the availability of the other sharing partner.

## TELEPHONE

An intercom is provided in each room for connecting to the front desk and the hospital staff. Other public calls will have to be made from STD/ISD phone booths located near the Guest House

## PAYMENT

### Short term (staying for less than a month)

Payments for the room and board for the entire period of stay should be fully paid at the time of check-in, if not done earlier.

### Long Term (staying for more than a month)

- Payments for the room and board for the entire period can be made along with the course fee either by cheque/DD or wire transfer. If not, payment for at least one month must be made along with the course fee. For the subsequent months, monthly payment should be made on the first working day of the month.
- Those who have paid in advance through wire transfer should produce proof of the same at the time of check-in.
- Payment can be made through credit/debit card (Visa/Master card). Appropriate service tax will be added to the payment.
- Direct cash payment at the time of check-in will be accepted only for those staying less than a week.
- Cheques will be accepted only from long term guests. Cheque/DD should be in the name of "LAICO Trainees hostel", payable at Madurai.
- At the time of payment, always ensure that you get a receipt.
- Sponsored trainees should produce the proof of sponsorship at the time of check-in.

## NOTE

- There is no payment facility at Inspiration.

- All payments should be made at Admin office: 2nd floor, LAICO building on the same day of checking in at Inspiration. Timings: 9.30 am to 3.30 pm, Monday through Saturday. Those who are checking in after 4.00pm and on Sundays should make the payment on the following day.

## GUIDELINES

To ensure safety and comfort of the trainees and guests, inspiration has laid out the following guidelines. All inmates have to abide by these during their entire stay here.

- All occupants should be in the guest house by 10.00 pm
- Alcohol and Smoking are strictly prohibited in the guest house premises.
- Visitors can meet the guests at the reception only. They are not allowed in the rooms at any time.
- Food served at 'Inspiration' has to be taken only in the dining hall. It should not be carried to the guest rooms.
- For the convenience of the guests, a list with contact information of several vendors (travel, money exchange etc.) is provided in the information folder kept in the room. Please note that the Aravind management and staff are not liable for disagreements / disputes with any of these vendors. The guests should make payments directly and deal with them on their own discretion.
- Tips to the employees is strictly prohibited at Aravind. Occupants are discouraged to have any financial transaction with employees. Management is not liable for the same.

## FOR INTERNATIONAL GUESTS:

- As per the rule of Govt. of India, Form "C" should be filled-in and submitted at the front desk
- Copy of passport and visa details should be enclosed. Ensure that you have minimum of three photocopies of passport details and your passport size photos
- If required, documents should be presented to the local police commissioner office in person (refer registration guidelines - for more details).

Contact us at:

Inspiration

1, Anna Nagar, Madurai - 625 020; Tamil Nadu, India

Phone: 0452 - 4356 800; Fax: 91-452-4356 810

Email: [inspiration\\_reception@aravind.org](mailto:inspiration_reception@aravind.org)

For Reservations please contact:

Your Training co-ordinators  
at Aravind Eye Hospital, Madurai

Phone: 0452-4356100